



RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090
Accredited by NAAC with 'A' Grade

NSS COMMITTEE

PK M Educational Trust(R)

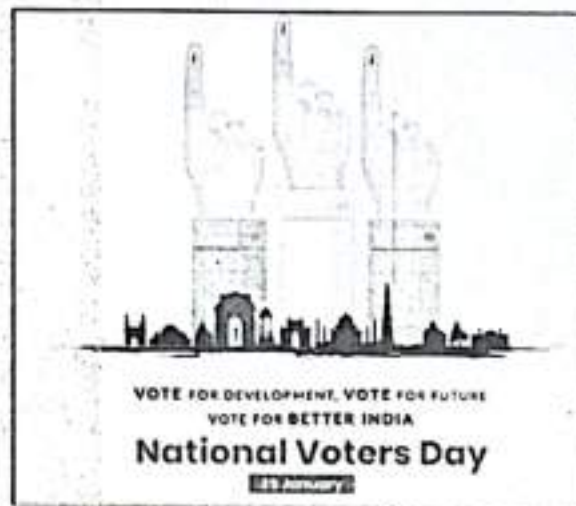
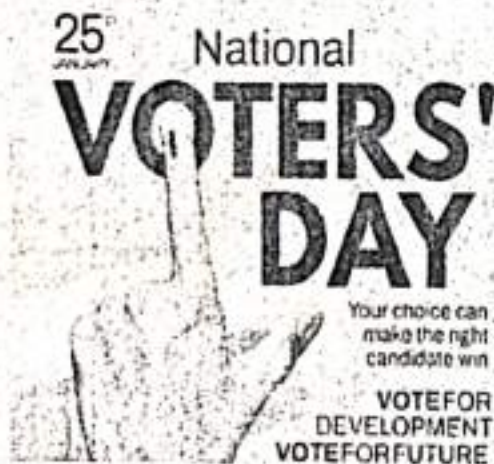
R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90.

Organises



NATIONAL VOTER'S DAY IN COLLABORATION WITH IQAC & NSS UNIT



Chief Patron

Sri. Y. Raja Reddy

Co-Ordinator

Mr. HARISH. N

Patrons

Sri. Kiran H.R

Sri. Arun H.R

Principal

Dr. NARYANASWAMY V B





RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090
Accredited by NAAC with 'A' Grade

NSS COMMITTEE

PROGRAMME REPORT

**NATIONAL VOTER'S DAY CELEBRATION
ON 25TH JAN 2024**

Submitted to
IQAC - RRCOP

By

MR. HARISH N

Assistant Professor

Department of Pharmacology

Faculty of Pharmacy



R R COLLEGE OF PHARMACY

RR INSTITUTIONS

PKM Educational Trust ®

BANGALORE – 560090.





RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090
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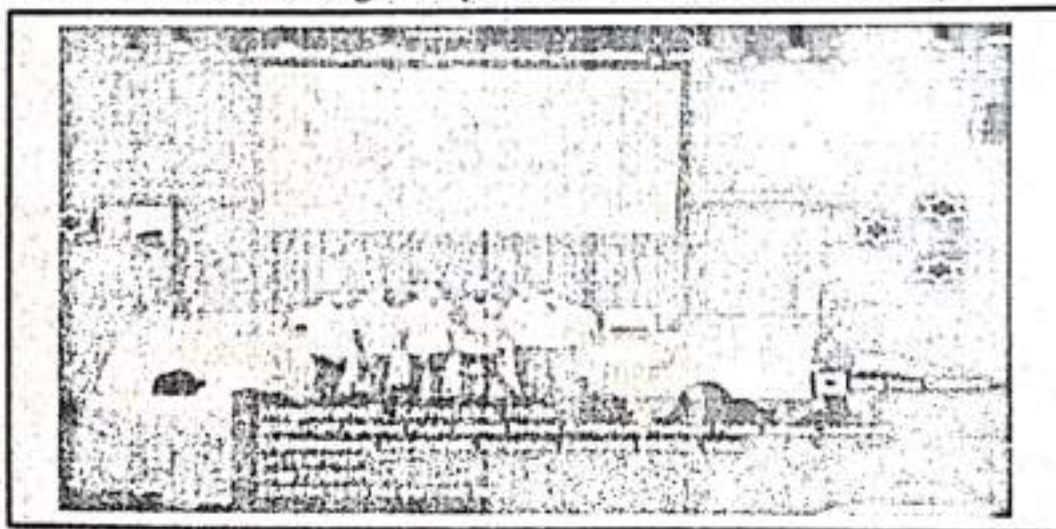
NSS COMMITTEE

This year the National Voter's Day celebrations were held at R R institutions on the eve of national Voter Day on 25th Jan 2024. All the Teaching staff, students including NSS volunteers of R R College of pharmacy took part in Voters Day Pledge on 25th January 2024. The National Voters Day is celebrated every year as mark of the foundation day of Election Commission of India, i.e. 25th January 1950. The main purpose of the National Voters Day celebration is to encourage, facilitate and maximize the enrolment of new voters. **The theme for this year is "Nothing Like Voting, I Vote For Sure**, envisages active and participate voters during elections. It also focuses on ECI's commitment towards conducting elections safely. By taking this pledge our students understood the importance of voting. and also, Students pledged to uphold democratic traditions of our country and the dignity of free, fair and peaceful elections without being influenced by considerations of religion, race, caste, community, language or any other inducement.

The program was inaugurated by our chairman Sri Y.Raja Reddy, Secretary Sri. Kiran H R, Director Sri. Arun H R, Principal Dr. Narayanaswamy V B & all staff members have also participated.

Our chief guest S.Muniraju, MLA, Dasarahalli Constituency, Bengaluru, delivered a speech about importance of Young voters to develop the country.

We Organized a live video visual conference which Our Humble Prime minister Narendra Modi given speech about national voter's day.

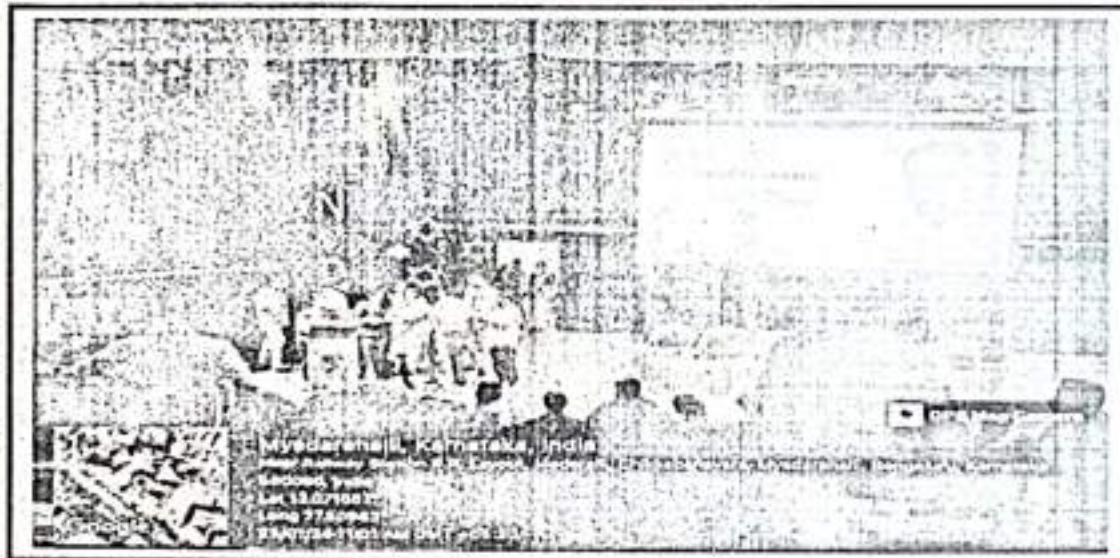
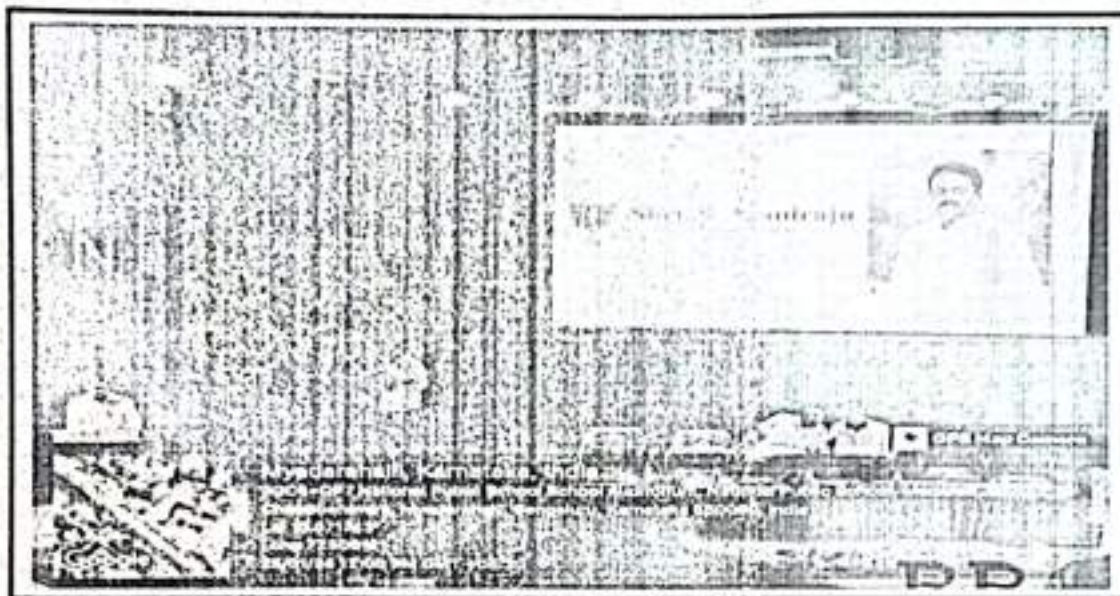




RR COLLEGE OF PHARMACY

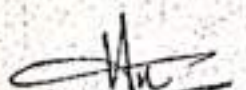
Chikkabanavara, Bangalore-560090
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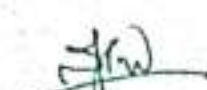


Impact: By the end of the event, students understood the importance and role of young voter.

R R College of Pharmacy principal Dr. Narayanaswamy V B has conveyed his vote of thanks to the management and Chief guest Muniraj S for their continuous support in organizing such kind of events for the students.


Co-Ordinator
Mr. Harish N


IQAC Director
Dr. V. B. Narayanaswamy



Principal
Dr. Narayanaswamy V B
PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore



R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560090

NSS COMMITTEE

Date: 25/01/2024

Attendance

National voters day celebration

Sl.No	Name	Department	Signature
1.	HARISH.N	p.cology	[Signature]
2.	VIJAYA KUMAR. J	Pharmacology	[Signature]
3.	K.P. Pavan kalyan	P. Cology	[Signature]
4.	Dr. E. Sathish Kumar	ph. Practice	[Signature]
5.	Dr. Abhishek. U.N	ph. Practice	[Signature]
6.	VISHAL. C.S	ph. Practice	[Signature]
7.	Dr. Narendra Varma. J	Ph. Practice	[Signature]
8.	Nagendra. N.D	ph. chem	[Signature]
9.	Vishal	Chem	[Signature]
10.	Dr. Deepak	p.cology	[Signature]
11.	Gujarati	p. Cology	[Signature]
12.	SUSATHA GUDUMURU	P. Chemistry	G. Sujatha
13.	Subhash. P.G.	Ph. chem	[Signature]
14.	K. S. Shilale	Ph. chem	[Signature]
15.	A.S. Mohammed useen Ilahi	ph. chemistry	[Signature]
16.	Mrs. Poornima. A.H.	ph. chemistry	[Signature]
17.	Swathi. B	Pharmaceutics	Swathi. B
18.	Vishwamya. S	Pharmaceutics	[Signature]
19.	K. Mahalingam	Pharmaceutics	[Signature]
20.	M. H. Ashraf Ali	Pharmaceutics	[Signature]
21.	Dr. Seema Gupta	Ph. cognosy	[Signature]
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R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560090

NSS COMMITTEE

Date: 25/01/2024

Attendance

National voters day celebration

Sl.No	Name	Department/Course	Signature
1.	Adith Babu. J	Pharm D II	Adith Babu
2.	Yashwanth B.S	Pharm D II	Yashwanth
3.	V. RAHUL	Pharm. D II	V. Rahul
4.	HIMANSHU	PHARM D II	Himanshu
5.	Akshithas	Pharm-D II	Akshithas
6.	S. Rameez	Pharm-D II	S. Rameez
7.	Kaveen S	Pharm-D II	Kaveen S
8.	Khushal M	Pharm-D II	Khushal M
9.	Tanish chitki	Pharm D II	Tanish
10.	Shrathi. V	pharm D II	Shrathi
11.	KEERTHI	PHARM D II	Keerti
12.	Mavilla Anusha	II pharm D	Anusha
13.	Poornima. P.M	II nd Pharm-D	Poornima
14.	Lauanya K	2 nd pharm-D	Lauanya
15.	Tanzia Rahaf	II nd Pharm-D	Tanzia
16.	Sree Lekshmi. S	II nd pharm-D	Sree Lekshmi
17.	Fathima Ashna. Pt	II nd Pharm-D	Fathima
18.	Anjana Dileep	II nd pharm-D	Anjana
19.	Apoorva Singh	II nd Pharm-D	Apoorva
20.	Aishwarya P. Kori	II nd Pharm-D	Aishwarya
21.	Shravan Ananth kumar	II nd pharm-D	Shravan
22.	Ichita Das	II nd Pharm-D	Ichita
23.	Jani Seb nath	II nd Pharm-D	Jani
24.	V R Darshita Reddy	II nd Pharm-D	Darshita
25.	Shashank	II nd Pharm-D	Shashank
26.	Topishe	II nd Pharm-D	Topishe
27.	Imdad Ali	IV Sem. B. Pharm	Imdad
28.	Suren Radav	IV Sem. B. Pharm	Suren
29.	Nisaj kumar	5 th Sem. B. Pharm	Nisaj
30.	Sarfoy Adak	5 th sem B. Pharm	Sarfoy
31.	Supriya K.P	5 th sem B. Pharm	Supriya
32.	Suman Maji	5 th sem B. Pharm	Suman
33.	Arijit Ghana	5 th sem B. Pharm	Arijit
34.	Vishnu Das. S. B	5 th sem B. Pharm	Vishnu
35.	subhdeep Garu	5 th sem B. Pharm	Subhdeep
36.	Areman Siddique	5 th sem B. Pharm	Areman

37.	Subir Nath	Vth Sem B. Pharm	AS
38.	Diptesh Jana	Vth Sem B. Pharm	DS
39.	Sahansa Sarder	— 11 —	Wahay
40.	Kashem Zakaria	— 11 —	Wahay
41.	Hamida Katur	— 11 —	Wahay
42.	Arun Kumar SM	— 11 —	Gargan
43.	Gagan CL	— 11 —	Supriya
44.	Sumith K.R	— 11 —	Chetha
45.	Chethan R	— 11 —	Chethan
46.	Chethan L	— 11 —	Rehul
47.	Rehul	— 11 —	Rehul
48.	MD Indhyar	— 11 —	Rehul
49.	P. Raghu	— 11 —	Rehul
50.	Vivek	— 11 —	Rehul
51.	Yashwanth G.S	— 11 —	Rehul
52.	Uday T.R	— 11 —	Rehul
53.	Mohammed Shahul I	Vth Sem B. Pharm	Rehul
54.	Mohamed Ismail S	— 11 —	Rehul
55.	Nasim Muhammed C	— 11 —	Rehul
56.	Eliun P Mathoox	— 11 —	Rehul
57.	Mohamed Adil	— 11 —	Rehul
58.	Parthapratim Jana	— 11 —	Rehul
59.	Malay Dinda	— 11 —	Rehul
60.	Pavithra M	11	Rehul
61.	Kusuma N.S	11	Rehul
62.	VERNA G.K	11	Rehul
63.	Anusha K	11	Rehul
64.	Ravitha K.P	11	Rehul
65.	Gagana C	11	Rehul
66.	RAKSHITHA R	11	Rehul
67.	Dinushree NK	5th Sem B. Pharm	Rehul
68.	Bindhu T	5th SEM B. Pharm	Rehul
69.	Bindushree K.S	5th Sem B. Pharm	Rehul
70.	Hanisha Vardhini F.R	5th Sem B. Pharm	Rehul
71.	Gayathri S	5th Sem B. Pharm	Rehul
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PK M Educational Trust (R)

R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90.

Organises



Awareness Program on Menstrual Hygiene

In collaboration with IQAC, NSS unit & Campus Konnekt



Chief Patron
Sri. Y. Raja Reddy

Patrons
Sri. Kiran H.R
Sri. Arun H.R

Co-Ordinator
Mr. HARISH. N

Principal
Dr. NARYANASWAMY V B



Accredited by NAAC with 'A' Grade

NSS COMMITTEE

PROGRAMME REPORT

Awareness Program on Menstrual Hygiene

ON 29Th JAN 2024

Submitted to
IQAC - RRCOP

By

MR. HARISH N

Assistant Professor

Department of Pharmacology

Faculty of Pharmacy



R R COLLEGE OF PHARMACY

RR INSTITUTIONS

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BANGALORE – 560090



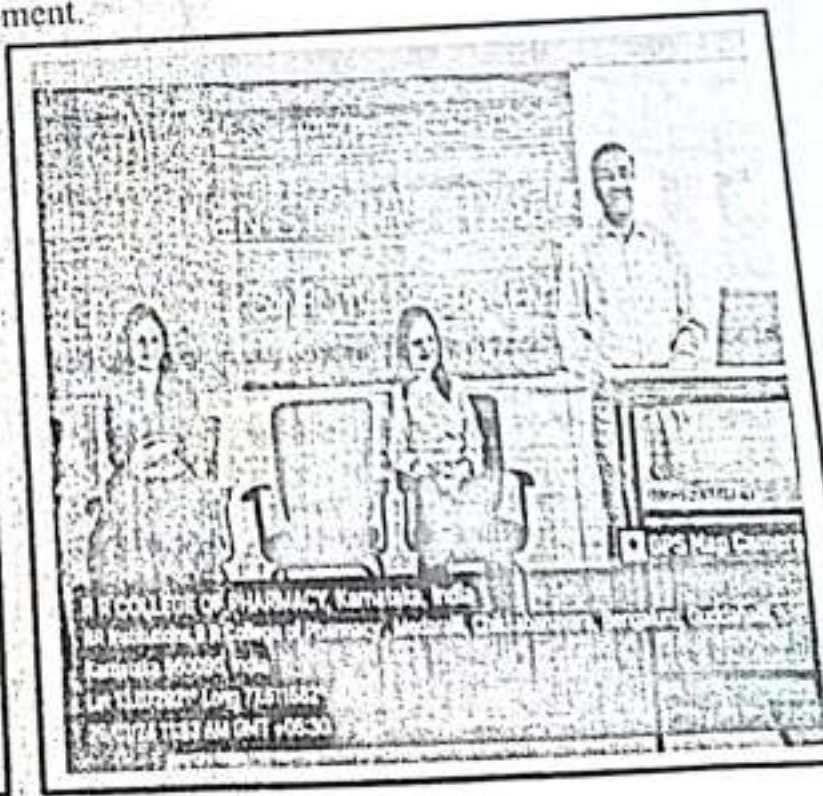
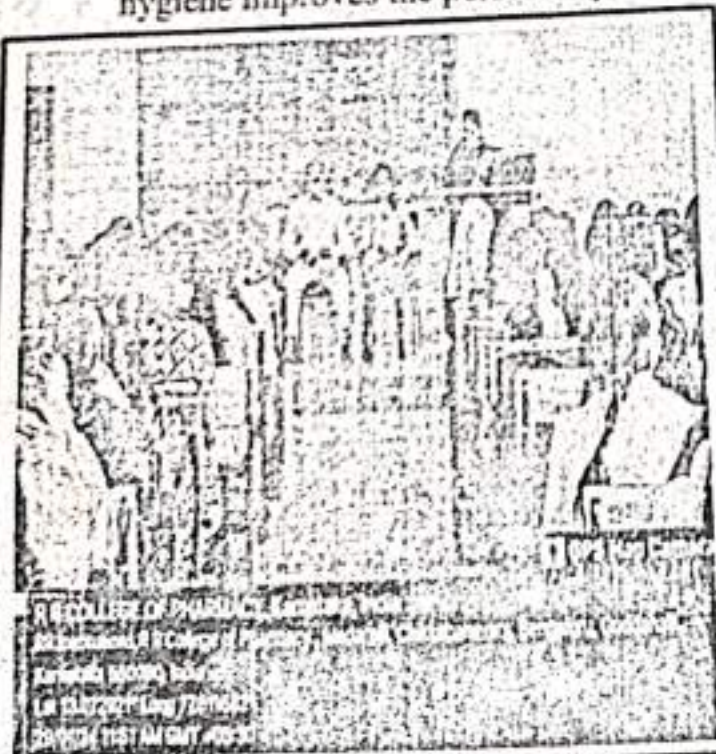
This year as part of Awareness program We conducted awareness program and personality development for the Students of R R College of pharmacy. For this program All the Female Teaching, Nonteaching staff, including female students of R R College of pharmacy took part in **Awareness Program on Menstrual Hygiene** on 29th January 2024 with in the collaboration of Campus Konnect.

Venue- LHS time- 11:30AM to 1:00PM.

The program was inaugurated by our chairman Sri Y. Raja Reddy, Secretary Sri. Kiran H R, Director Sri. Arun H R, Principal Dr. Narayanaswamy V B ,Chief Guest Mrs.Deepamala Principal of RR College of physiotherapy, Speaker shri Lakshmi Hegde & all staff members have also participated.

The welcome speech and the addresses gathering was done by Dr. Deeparani Urologin professor & HoD department of pharmacology.

The speaker shri Lakshmi Hegde started her speech about Good menstrual hygiene is essential for the health and dignity of girls and women. Discussions on menstrual hygiene are important for adolescent girls to clarify existing myths and misconceptions around menstruation. Improving menstrual hygiene is important from the point of view of personal comfort and increased mobility. It also reduces the likelihood of infections resulting from poor hygiene practices during menstruation. Providing girls with knowledge and skills on maintaining menstrual hygiene improves the personality development.

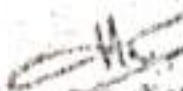






Impact: By the end of the program students understood the basic elements of menstruation and menstrual hygiene. Proper use and safe disposal of sanitary napkins how to communicate the benefits of sanitary napkins and motivate girls in the use of sanitary napkins.

All the participants received the kits after the completion of the program.

Dr. Deeparani Urologin Professor & HOD Department of pharmacology has conveyed the vote of thanks to the management, Principal and Chief guest Mrs Deepamala, speaker Shri Lakshmi Hegde and all the participants for the grand success of the program.


Co-Ordinator
Mr. Ramesh N


IQAC Director
Dr. Yashoda


Principal
Dr. Narayanaswamy V B
PRINCIPAL
R.R. College of Pharmacy
Chikabalanavara, Bangalore

Date: 29/01/2024

Attendance Awareness Program On Menstrual Hygienic

Sl.No	Name	Department/Course	Signature
1.	Mavilla - Anusha	II Pharm D	Anusha
2.	Poonima - P.M	II nd Pharm.D	Poonima
3.	Jateagyn K	2 nd pharm.D	Carl H.
4.	Suee Lekshmi - S	II pharm D	Suee Lekshmi
5.	Fathima Ashna - Pt	II Pharm D	Fathima
6.	Anjana Dileep	II Pharm D	Anjana
7.	Apoorwa Singh	II Pharm D	Apoorwa
8.	Aishwarya P. Kori	II Pharm - D	Aishwarya P. Kori
9.	Ishita Das	II Pharm - D	Ishita
10.	Shravani Ananth Kumar	II Pharm D	Shravani
11.	Jeri Subnath	II Pharm D	Jeri
12.	Tanviya Rahaf	II Pharm - D	Tanviya
13.	Keethi S	II Pharm D	Keethi
14.	Shreethi	II Pharm D	Shreethi
15.	V.P. Parvita Reddy	II Pharm D	V.P. Parvita
16.	Ruchi Gupta	5 th sem, B. Pharm	Ruchi
17.	Neha Gupta	5 th sem, B. Pharm	Neha
18.	Jyoti Kumari. Son	5 th sem, B. Pharm	Jyoti
19.	Prabakaran Lyngdel Lyngkhar	5 th sem, B. Pharm	Prabakaran
20.	Prjanta Tripathi	5 th sem B. Pharm	Prjanta
21.	Bhoomati Kora	5 th sem B. Pharm	Bhoomati
22.	Bishnu mayu Tharu	5 th sem B. Pharm	Bishnu
23.	Angela Chaudhary	5 th sem B. Pharm	Angela
24.	Visha Bera	5 th sem B. Pharm	Visha
25.	Hemlata Singh	5 th sem B. Pharm	Hemlata
26.	Kusuma	5 th sem B. Pharm	Kusuma
27.	Prasanthi M	5 th sem B. Pharm	Prasanthi
28.	Pallavi HB	5 th sem B. Pharm	Pallavi
29.	Tharuja B.N	5 th sem B. Pharm	Tharuja
30.	Rakeshtha B-S	5 th sem B. Pharm	Rakeshtha
31.	Shilpasheel D.C	5 th sem B. Pharm	Shilpasheel
32.	Kavanya S	5 th sem B. Pharm	Kavanya
33.	Asna Taj	5 th sem B. Pharm	Asna
34.	Arshitha Bhola	5 th sem B. Pharm	Arshitha
35.	Thejaswini K.S	5 th sem B. Pharm	Thejaswini
36.	Bhavya G	5 th sem B. Pharm	Bhavya



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NSS COMMITTEE

PKM Educational trust

R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90.
Organizes



MEGA HEALTH AND BLOOD DONATION CAMP

27th FEB 2024

in collaboration with Pharmacy Practice Dept. & NSS Unit

Chief Patron

Sri. Y. Raja Reddy

Patrons

Sri. Kiran H.R

Sri. Arun H.R

Organized by

Dr. E. SATHEESH KUMAR

Mr. HARISH, N

Principal

Dr. NARYANASWAMY V B





RR COLLEGE OF PHARMACY
Chikkabanavara, Bangalore-560090
Accredited by NAAC with 'A' Grade

NSS COMMITTEE

PROGRAMME REPORT
MEGA HEALTH AND BLOOD DONATION CAMP
27TH FEB 2024

Submitted to
IQAC - RRCOP

By

DR. E. SATHEESH KUMAR :
HOD & Professor
Department of Pharmacy Practice

Mr. Harish.N
Assistant Professor
Department of Pharmacology



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BANGALORE – 560090.



RR COLLEGE OF PHARMACY

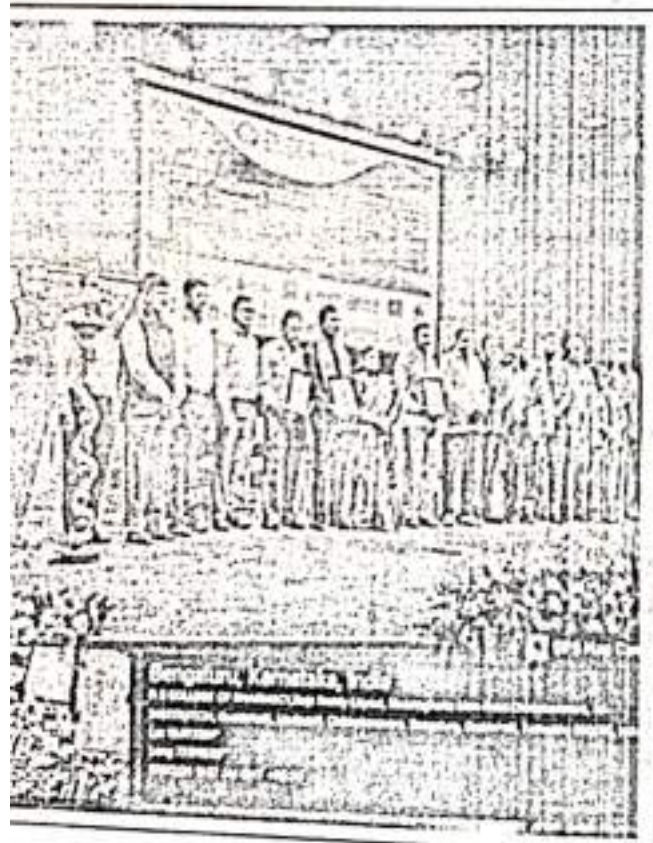
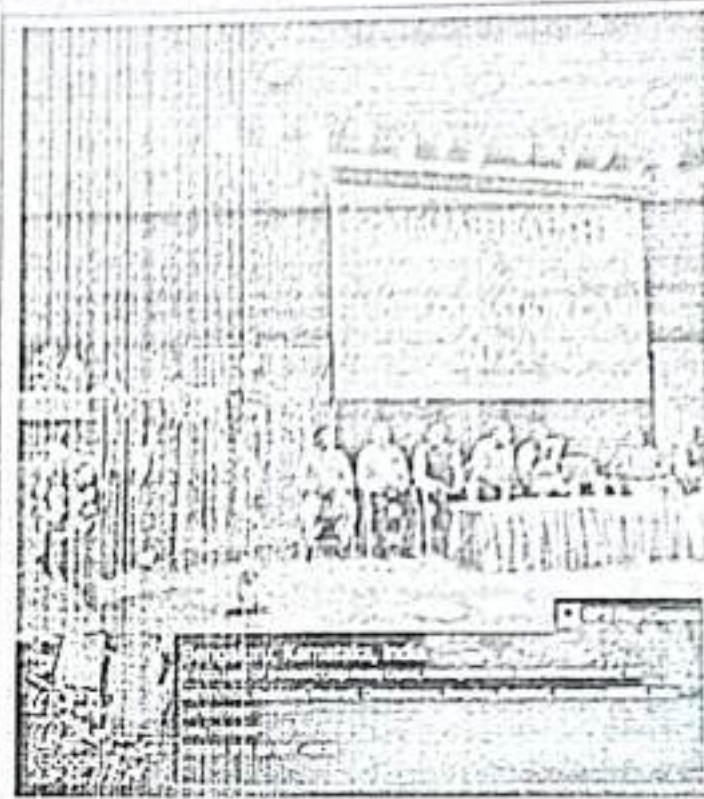
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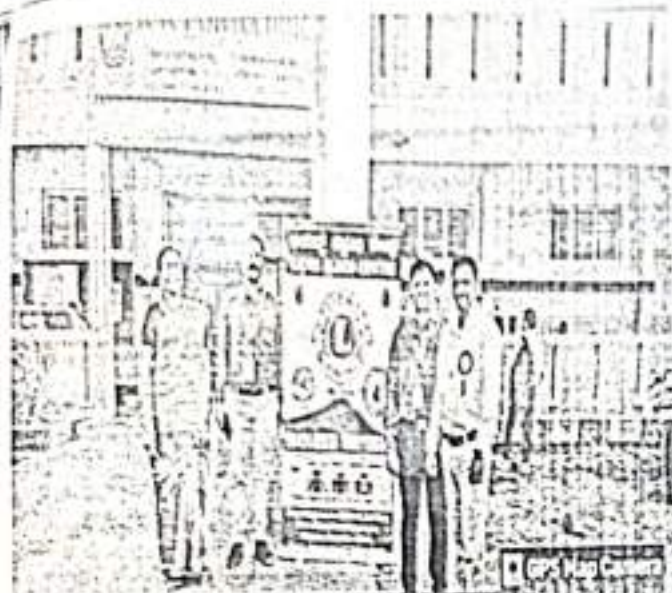
NSS COMMITTEE

A Mega health and Blood donation camp was organized by our NSS unit and Pharmacy Practice department of R R College of Pharmacy, Chikkabanavara, Bangalore-560090 on 27th February 2024, in collaboration with Lions blood bank and various hospitals throughout Bangalore on auspicious birthday of honorable Shri. H.R. Kiran - Secretary PKMET*. A Mega health and Blood donation camp was inaugurated by Shri. Raja Reddy - chairman PKMET* Shri H.R. Kiran - Secretary PKMET*, presided by Shri H R Arun - Director PKMET* Dr. Narayana swamy Principal R R college of pharmacy Chief guest and Guest of honour Around more than 523 students and 98 faculty members and 367 citizens were Utilize the camp benefits more than 150 units of blood was donated by both students and the staff members. The college has been religiously organizing blood donation and Mega health check up every year students and the faculty members come forward voluntarily to donate blood. While addressing to people at the camp our NSS volunteers brought awareness in them about shortage of blood and why we must donate blood every year, to help the persons requiring blood. Blood donation can save lives of innumerable persons. Donation of blood is very critical and crucial for saving lives many patients and those who have met with accidents. It is as such a great service or contribution to the society and people living in it, also hospitals from different part of Bangalore involves in this event by providing various treatments from different specialists.

service or contribution to the society of Bangalore involves in this event by providing various treatments

1	Name of the Activity/Event	MEGA HEALTH AND BLOOD DONATION CAMP			
2	Date of Activity/Event	27 th February 2024			
3	Organized by/Name of the committee	NSS UNIT & PHARMACY PRACTICE DEPARTMENT			
4	Name of the Association	Lions Blood Bank, Prakriya Hospital, NRR Hospital, Sathagiri Medical College and Hospital, Sparsh Hospital, Partha Dental, KLE Dental college, People tree hospital, Micro Labs and KAPL.			
5	Place of Activity/event	R R COLLEGE OF PHARMACY, BANGALORE.			
6	Type of activity/Event	Blood Donation and Mega Health check up			
7	Activity/Event objectives	1. To collect blood units but also to make students aware about blood and its benefits. 2. It was an effort to motivate students to come forward and donate for this noble cause. 3. First time donors need to be encouraged so that once the initial hesitation/ fear goes away, the donor will look forward to such camps in near future too. 4. To provide free medical check-up and medicine distribution			
8	Participation	Students	Faculty	citizens	Total Participation
		523	98	367	988
9	Enclosures	1. Report 2. Photos			





RR COLLEGE OF PHARMACY, KAMUNDA, INDIA

RR Institute of Pharmacy, Baroda - 390 005

Kamunda, INDIA

1st Semester, 1st Year

1st Semester, 1st Year

1st Semester, 1st Year



RR COLLEGE OF PHARMACY, KAMUNDA, INDIA



RR COLLEGE OF PHARMACY, KAMUNDA, INDIA



RR COLLEGE OF PHARMACY, KAMUNDA, INDIA

Certificate Distributions

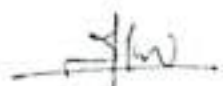
1. **Volunteer Certificates:** Certificates were awarded to volunteers who dedicated their time and effort to ensure the smooth operation of the camp. These certificates recognize their valuable contributions to the success of the event.
2. **Donor Certificates:** Individuals who participated in the blood donation drive received certificates as a token of appreciation for their altruistic act of donating blood. These certificates serve as a reminder of their role in saving lives and making a difference in the community.
3. **Healthcare Professional Certificates:** Certificates of participation or appreciation were presented to healthcare professionals who provided their expertise and services during the camp. These certificates acknowledge their commitment to promoting health and well-being.
4. **Organizer Certificates:** Certificates were issued to members of the organizing committee and partner organizations to recognize their efforts in planning and executing the camp. These certificates highlight their leadership and dedication to the success of the event.

Certificates were issued at the Mega Health and Blood Donation Camp to acknowledge and appreciate the participation and contribution of volunteers, donors, healthcare professionals, and other stakeholders. The issuance of certificates aimed to recognize individuals' efforts and encourage continued engagement in community health initiatives.

The issuance of certificates at the Mega Health and Blood Donation Camp was an important aspect of recognizing and appreciating the contributions of participants and stakeholders. By acknowledging their efforts, we hope to inspire continued engagement in community health initiatives and strengthen the collective impact on public health.


NSS & Program Coordinator




Principal
PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore

R R COLLEGE OF PHARMACY

14th Mega Health and Blood Donation Camp

27/02/2024

Sl no	Patient Name	Mobile No	Address
01	Venkatesh. p	9740593514	PRCP
02	Satyabama	9841031795	PRCP
03	Abdul Wajid	9886359713	Medinahalli
04	Sun. Sasi	8075874503	PR physio
05	Anamika k.s.	8991051793	RR -" -"
06	Aparna. S.	9587305810	RR -" -"
07	Anamika. S.	9061429632	RR -" -"
08	Arya. Arun	8848724497	RR -" -"
09	Kanya kishore	6038503316	RR -" -"
10	Karthik	8095075833	RR AHS.
11	Srinivas Gowda. RE.	7619586700	RR AHS.
12	Albi umma	6035045687	RR physio
13	Nishad S. Mohammad.	9605936305	RR physio
14	Spoorthi	8792141638	RR Medical Science.
15	Jessick John	8148171004	RR physio
16	David	8787337871	RR physio
17	Anil Kumar	886190975	RR AHS.
18	Syed Kamran	9741909710	RR AHS
19	Sai Kiran	9945306196	RR physio.
20	Manjuna	9881556545	RR CP.
21	Ashwin Kotian	6263099594	RR CP. (NCP)
22	Nishanth K	636124789	RR CP
23	Bhagylakshmi	8123384516	RR CP
24	Vishnu	8848850285	RR AHS
25	Robin	7736517596	RR AHS
26	Leo Issac	6363733095	RR AHS.
27	Sujatha	8147593959	RR CP
28	Vijaya	7795655698	RR CP.
29	Pankaja	9880314992	RR polytechnic.
30	Charan Panjeethkaur	8177813384	RR MIT
31	Pankaja	7760714293	RR AHS.
32	Karthik Srinivas	8714831844	RR AHS.

R R COLLEGE OF PHARMACY

14th Mega Health and Blood Donation Camp

27/02/2024

Sl no	Patient Name	Mobile No	Address
33	Akshay H.K	7795146926	RR AHS.
34	Akshita prasad	9400625975	RR AHS.
35	Rini Shyama	9544120569	RR AHS.
36	Jolly kumar	8156816415	RR AHS.
37	Anju K vijay	7356470764	RR AHS.
38	Sureshanna	7406587038	Medinaballi
39	Manjula	7406587038	Medinaballi
40	Prasanna	6362212566	RRC P
41	Memorable	9612724601	RRC P
42	Linganna	9986789937	RRC P
43	Jini Maria	8330884783	RRC P
44	Yathu koushna	7736695069	AHS.
45	Ananthi prashanna	9562327931	AHS.
46	Ashar	9656228132	AHS.
47	Akhil	7736257228	AHS.
48	Leath	8660664694	Trut office
49	Ananthita	9947992248	AHS.
50	Alicia	8078460717	AHS.
51	Srinivas	9620088790	RRC IT
52	Timmanayappa	9241086624	Chiklabanavara.
53	Lohith kumar	8553201006	RRC IT
54	Sofro.p.s	8943877904	AHS.
55	Alicia M.L	628277033	AHS.
56	Nandana	9188254595	AHS.
57	Vidya	9655868699	AHS.
58	Mr. Mihaz	6282364359	AHS.
59	Abinav	8348759557	AHS.
60	Jason	8943396977	AHS.
61	Ester Jovaris	9004926507	Chiklabanavara.
62	Maya	8296779904	RRC P
63	Thyashree	586975675117	RR office.
64	Aravani	812945806	RR Management.



R R COLLEGE OF PHARMACY

14th Mega Health and Blood Donation Camp

27/02/2024

Sl no	Patient Name	Mobile No	Address
65.	Anju Alexamma Thomas	9844990814	RRNL
66.	Anura Azlok	9086216753	"
67.	Nandhana Saiju	8921083048	"
68.	Abhirami	9539846217	RRNC
69.	Jeslin	8921982337	RRNC
70.	Jacob	8590946499	RRNC
71.	Evam	6782993315	"
72.	Ripa Lang Chikang	8827052306	"
73.	Pranj	3933258872	"
74.	Jeneesha	8139075014	"
75.	Priyal	8138890629	"
76.	Leburi	8800362553	"
77.	Gampi	9380602788	"
78.	Chandani	7679407428	"
79.	Keidiv	9304942346	"
80.	Ajvin	9102645610	"
81.	Pooja Sunar	9366799337	"
82.	Gunzindeche	6005481388	"
83.	Anjali Sebastian	8606129432	"
84.	Mirza aneesh	9033254673	"
85.	Aaravi	8606341843	"
86.	Hansheetha	9110451385	Management
9287	Tomol Jose	8921032368	RR Nursing
9288	Jasena Begum	8105957426	Abbigene
9289	Shani	8606235763	RR Nursing
9290	Akshaya	9207451980	"
9291	Anjali	7510940091	" (502)
9292	Rohita	6235235258	" (504)
9293	Maria	9061280523	" (506)
9294	Shreyasi Roy	9064841986	"
9295	Megha Mukherji	8584022102	"
9296			



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Chikkabanavara, Bangalore-560090
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NSS COMMITTEE

PK M Educational Trust(R)

R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90.

Organizes



BODH "One Day Awareness Program on Drug Abuse Prevention"

In collaboration with IQAC & NSS unit



Chief Patron

Sri. Y. Raja Reddy

Co-Ordinator

Mr. HARISH.N

Patrons

Sri. Kiran H.R

Sri. Arun H.R

Principal

Dr. NARYANASWAMY V B





RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090
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NSS COMMITTEE

PROGRAMME REPORT

**BODH DRUG ABUSE DAY CELEBRATION
ON 9th MAR 2024**

Submitted to
IQAC - RRCOP

By
MR. HARISH N
Assistant Professor
Department of Pharmacology



**R R COLLEGE OF PHARMACY
RR INSTITUTIONS
PKM Educational Trust ®
BANGALORE – 560090.**





RR COLLEGE OF PHARMACY

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NSS COMMITTEE

Report On Social and Health Awareness

"One Day Awareness Program on Drug Abuse Prevention"

1	Name of the Activity/Event	SOCIAL AND HEALTH AWARENESS		
2	Date of Activity/Event	09/03/2024		
3	Organized by/Name of the committee	NSS UNIT,		
4	Place of Activity/event	BANGALORE		
6	Type of activity/Event	SOCIAL AND HEALTH AWARENESS		
7	Activity/Event objectives	1. It was an effort to create social and health awareness in the community		
8	Participation	Students	Faculty and Volunteers	Total Participation
		80	40	120
9	Enclosures	1. Report 2. Photos		

This year as part of Awareness program We conducted "One Day Awareness Program on Drug Abuse Prevention" for the Students of R R College of pharmacy. For this program All the Teaching Staff, DIJS Volunteers, Nonteaching staff, including students of R R College of pharmacy took part in Awareness Program on Drug Abuse on 9th March 2024 with in the collaboration of Divya Jyoti Jagrati Santhan.

Venue-RRCOP Seminar Hall time- 11:30AM to 1:00PM.

The program was inaugurated by our chairman Sri Y. Raja Reddy, Secretary Sri. Kiran H R, Director Sri. Arun H R, Principal Dr. Narayanaswamy V B , Volunteer of Mr. Pavan and his team.

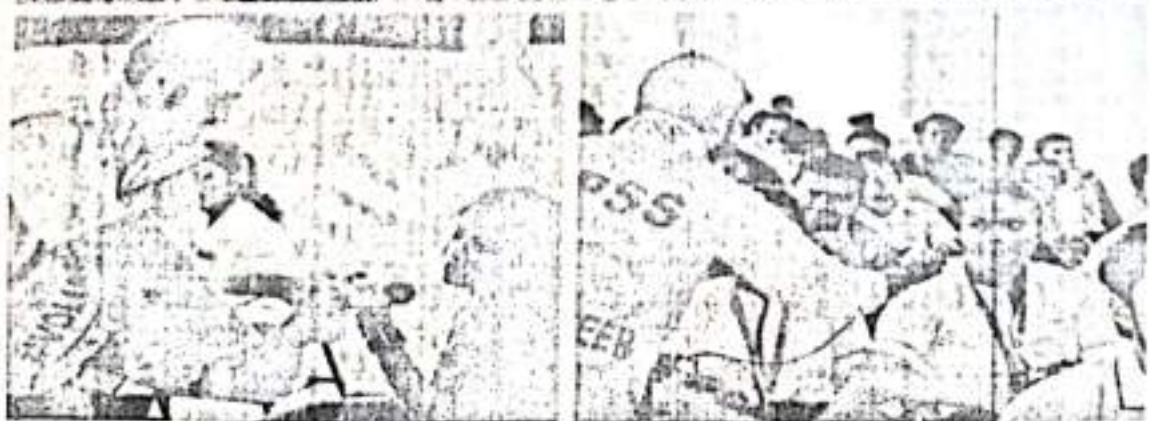
The welcome speech and the addresses gathering was done by Mr. Harish N Assistant Professor Department of Pharmacology.

The Volunteer of Mr. Pavan and his team started there speech about Drug abuse. Discussions on Drug Abuse Prevention are important for Youths. And they gave some activities to students to get awareness about the drug abuse and its side effect in the future life.

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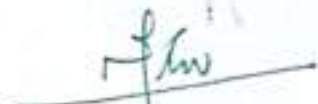
Student got the knowledge about highly experienced in treating drug addicted youth. Inputs on remedies available for drug addicts was an added advantage as youth with addiction could benefit from this, they interacted with the students by demonstrating on a student and physically showing the various body parts which would gradually get into trouble due to the side effects caused by addiction. He sensitized the youth to prevent themselves getting into drug abuse.

The point that the use of tobacco, alcohol, and other drugs are the biggest problems people are facing today. They also conveyed that, "There are no guarantees that someone you love will not choose to use drugs, but you can influence that decision by, Not using drugs yourself and Providing guidance and clear rules about not using drugs".


Co-Ordinator
Mr. Harish N


IQAC Director
Dr. Vachala




Principal
Dr. Narayanaswamy V B

R. R. College of Pharmacy

Affiliated by NASL with "A"
Chikkalamarala, Bengaluru-560099

NSS COMMITTEE

Awareness on drug abuse

Date: 09-03-24

Attendance

Sl.No	Name	Department/Course	Signature
1.	Rupa	D. Pharm	[Signature]
2.	Rocky	D. Pharm	[Signature]
3.	Subin	Pharmacy	[Signature]
4.	Nigal	D. Pharmacy	[Signature]
5.	Nikita	B. Pharm	[Signature]
6.	Abhi	D. Pharm	[Signature]
7.	Ramesh	B. Pharmacy	[Signature]
8.	Akash	Pharm D.	[Signature]
9.	Alchel	Pharm D.	[Signature]
10.	Nilesh	B. Pharm	[Signature]
11.	Urmila	Pharmacy	[Signature]
12.	Sitha	D. Pharm	[Signature]
13.	Soupar	B. Pharmacy	[Signature]
14.	Pikshitha	Pharmacy D	[Signature]
15.	Arushi	D. Pharm	[Signature]
16.	Dharmar	Pharm D.	[Signature]
17.	Rishi	B. Pharmacy	[Signature]
18.	Hitharsh	D. Pharmacy	[Signature]
19.	Aheema	B. Pharm	[Signature]
20.	Chamarajagan	D. Pharm	[Signature]
21.	Kagan	Pharm D.	[Signature]
22.	Udya	D. Pharmacy	[Signature]
23.	Harshita	D. Pharm	[Signature]
24.	Roksh	M. Pharm	[Signature]
25.	Madhura	Pharmacy D	[Signature]
26.	Anil	D. Pharm	[Signature]
27.	Priyanka	Pharmacy D	[Signature]
28.	Juresh	B. Pharm	[Signature]
29.	Jayalakshmi	B. Pharmacy	[Signature]
30.	Maisha	Pharmacy D	[Signature]
31.	Kanhai	D. Pharm	[Signature]
32.	Harshitha	Pharmacy D	[Signature]
33.	Karika	Pharm D.	[Signature]
34.	Anupama	Pharm D.	[Signature]
35.	Ibles Shivan	B. Pharm	[Signature]
36.	Anandita	B. Pharm	[Signature]



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NSS COMMITTEE

PK M Educational Trust(R)

RR COLLEGE OF PHARMACY

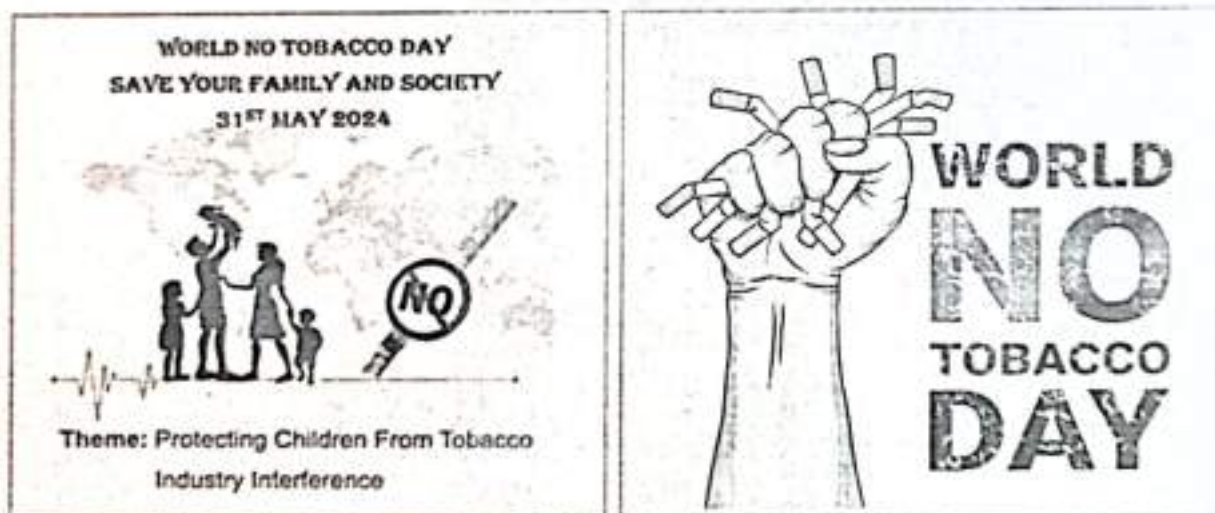
Chikkabanavara, Bengaluru-90

Organises



WORLD NO TOBACCO DAY

In Collaboration With IQAC & NSS Unit



Chief Patron

Sri. Y. Raja Reddy

Patrons

Sri. Kiran H.R

Sri. Arun H.R

Co-Ordinator

Mr. HARISH. N

Principal

Dr. NARYANASWAM V.B.





RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090
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NSS COMMITTEE

PROGRAMME REPORT

Social and Health Awareness Rally

**WORLD NO TOBACCO DAY
ON 31ST MAY 2024**

Submitted to
IQAC - RRCOP

By

MR. HARISH N

Assistant Professor

Department of Pharmacology

Faculty of Pharmacy



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R R INSTITUTIONS

PKM Educational Trust®

Bangalore – 560090





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NSS COMMITTEE

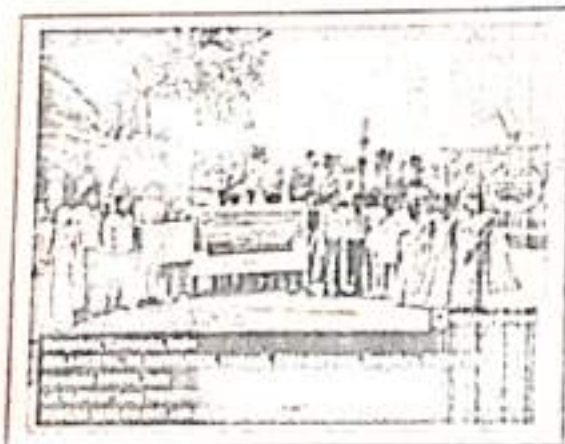
Report On Social and Health Awareness Rally

1. Tobacco Day 31st May 2024

Theme- "Protecting Children from Tobacco Industry Interference."

The NSS unit of R R College of Pharmacy, Bengaluru organized a rally on 31st May 2024 to spread social and health awareness on the World No Tobacco Day program. Dr. Narayana Swamy V.B. Principal RRCOP encouraged all the RRCOP NSS volunteers and students to participate in the rally. The rally started from the location R R Campus 1 Grounds, Bengaluru, to the main auditorium of R R institutions premises. In collaboration with RRIMS. The rally passed through the path of AGB Layout, chikkabanavara, and made people aware of the importance of social and health in the society and the nearby area. NSS program officer Mr Harish N made efforts to conduct the program smoothly. The teaching, and non-teaching staff members and students have actively participated in the program.

1	Name of the Activity/Event	RALLY ON SOCIAL AND HEALTH AWARENESS		
2	Date of Activity/Event	31 st May 2024		
3	Organized by/Name of the Committee	NSS UNIT, PHARMACY Dept. RRIMS		
4	Place of Activity/event	BANGALORE		
6	Type of activity/Event	SOCIAL AND HEALTH AWARENESS		
7	Activity/Event objectives	1. It was an effort to create social and health awareness in the community		
8	Participation	Students	Faculty	Total Participation
		43	10	53
9	Enclosures	1. Report 2. Photos		





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Conclusion:- World No Tobacco Day serves as a powerful reminder of the ongoing public health challenges posed by tobacco use. It calls for concerted efforts from governments, healthcare professionals, non-governmental organizations, and individuals to reduce tobacco consumption through education, policy interventions, and support for cessation programs. By working together, we can protect current and future generations from the devastating health consequences of tobacco and create healthier communities worldwide.

NSS Co-Ordinator



Principal
PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore



R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560090

NSS COMMITTEE

Date: 31/05/2023

Attendance

No Tobacco day celebration

Sl.No	Student Name	Course	Signature
1.	Athil varghese	IV th Pharm D	Athil
2.	Akshith S	1 st Pharm D	Akshith
3.	Ataullah monthachelana	IV th Pharm D	Ataullah
4.	Biswajith Acharya	V th Pharm D	Biswajith
5.	ABELE Mustaq Khan	1 st Sem. Bph	ABELE
6.	Fathima Ashna P	1 st Pharm D	Fathima
7.	Ancek sarma	1 st Sem Bph	Ancek
8.	Anjun R K	1 st Sem Bph	Anjun
9.	Jyothith Behu	1 st Pharm D	Jyothith
10.	Diya Kishor	Bpharm 1 st Sem	Diya
11.	Kaveen S	1 st Pharm D	Kaveen
12.	Shavina M	4 th Pharm D	Shavina
13.	Jyothi B	1 st Sem Bpharm	Jyothi
14.	Lavanya K	1 st Pharm D	Lavanya
15.	Jain Praiya	4 th ———	Jain
16.	Aishwarya srinidhar	m. Pharm	Aishwarya
17.	Manika Anusha	1 Pharm D	Manika
18.	Kumari Kusum cati	1 st Sem Bpharm	Kumari
19.	Ashwita	m. Pharm	Ashwita
20.	Nyatakala Jayanth	1 st Pharm D	Nyatakala
21.	Mohammed Mohasin	1 st Bpharm	Mohammed
22.	Ashwin K Aravind	m. Pharm	Ashwin
23.	Kahul V	1 st Pharm D	Kahul
24.	Jyothika A	2 nd ———	Jyothika
25.	Itarshini Krishnan	m. Pharm	Itarshini
26.	MD NUR ISLAM SK	2 nd ———	MD NUR
27.	Ritik Kumar	Bpharm 1 st	Ritik
28.	Karma KC	m. Pharm	Karma
29.	Nidhi Gupta	2 nd ———	Nidhi
30.	V R Dhya Shitha Reddy	1 st Pharm D	V R Dhya
31.	Aditya Singh	1 st Sem Bpharm	Aditya
32.	K. Prashanthi	m. Pharm	K. Prashanthi
33.	Shaban Bhandari	2 nd ———	Shaban
34.	Pranavjit Prina	m. Pharm	Pranavjit
35.	Uzair Keyaz	1 st Sem Bpharm	Uzair
36.	Spoonthi K.S.	2 nd ———	Spoonthi

37.	Prathama N	M. Pham	Pol
38.	Chaitra TC	M. Pham	Korlaton
39.	Kushal M	1st Pham D	Korlaton
40.	Arman Siddiqui	III Sem B Pham	Arman
41.	Abhishek J	M. Pham	Abhishek
42.	Arjun Josen	M. Pham	Arjun
43.	Mathew J. Pagan	1st Pham D	Mathew
44.	Cashem	VII Sem B Pham	Cashem
45.	Tanveer Kabir	2nd Pham D	Tanveer
46.	Arman Khan	M. Pham	Arman
47.	Roder Khan S.	3rd - I -	Roder
48.	Naydhan Naydhan	M. Pham	Naydhan
49.	Deepika K.	M. Pham	Deepika
50.	Alina Kumbalas	3rd - II -	Alina
51.	Alshwarya Pullappa K.	1st Pham D	Alshwarya
52.	Caagan C.	III Sem	Caagan
53.	Maidah Khan	M. Pham	Maidah
54.	Mametha Khan	M. Pham	Mametha
55.	Izzah P	IV Sem B Pham	Izzah
56.	Shadab J B	M. Pham	Shadab
57.	Jami Debnath	1st Pham D	Jami
58.	Manoj Kumar M	9th - I -	Manoj
59.	Caagan R.K.	XII Sem	Caagan
60.	Laizuitluang	VIII Sem	Laizuitluang
61.	Jami Pizar	M. Pham	Jami
62.	Janiyanka A	3rd - II -	Janiyanka
63.	Aparna Singh	1st Pham D	Aparna
64.	MD Imthiyaz	III Sem B Pham	MD Imthiyaz
65.	Fuller Khan	M. Pham	Fuller
66.	Madha G Kumar	3rd - II -	Madha
67.	Xubraj Yadav	IV Sem B Pham	Xubraj
68.	Arshad Khan	M. Pham	Arshad
69.	Ishtiaq Dar	VI Pham	Ishtiaq
70.	Vivek R	9th Sem	Vivek
71.	Mohammed Mukandil	V Sem	Mohammed
72.	Suman Marina	V Sem	Suman
73.	Akshat A.	1st Pham D	Akshat
74.	Akhita S	1st Pham D	Akhita
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NSS COMMITTEE

R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90

Organises



World Environment Day Celebration

IN COLLABORATION WITH IQAC & NSS UNIT



Chief Patron

Sri. Y. Raja Reddy

Patrons

Sri. Kiran H.R

Sri. Arun H.R

Co-Ordinator

Mr. HARISHN

Principal

Dr. V.B. NARYANASWAMY





RR COLLEGE OF PHARMACY

Chikkabandya, Bangalore-560090
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NSS COMMITTEE

PROGRAMME REPORT

**World Environment Day Celebration
ON 5TH June 2024**

Submitted to

IQAC - RRCOP

By

MR. HARISH N

Assistant Professor

Department of Pharmacology

Faculty of Pharmacy



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R R Institutions

PKM Educational Trust®

Bangalore – 560090





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Chikkabannavara, Bangalore-560090

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On 5th June 2024, NSS has organized a tree plantation program at R R College of Pharmacy. NSS has taken up a "Special Plantation Drive" under this program, we have located the area in the college campus, where we can go for the plantation program was inaugurated by chief guest Dr. Anuradha Prof. Sushrutha Institute of Ayurveda Medical Sciences & research center, Principal Dr. Narayanaswamy V B, NSS Co-ordinator Mr. Harish N and staff and students have also participated in the event.

On that day we planted 20 samplings on the campus NSS volunteers took part in their program. The program started at 11.30 Am and concluded at 1.00 Pm. NSS members have taken responsibility for one tree. All staff members, Students, and Volunteers actively participated in the plantation drive. We got the sampling from the horticultural department and nurseries. All of these events were very successful.

The NSS Special camp "Tree Plantation Drive" was conducted on 05th June 2024 in the R R College of Pharmacy surrounding villages. The idea behind the tree plantation activity was to propagate the message to the general public that planting trees helps to maintain a clear eco-friendly environment reduces pollution and improves the green ambiance. As we know trees are the foremost source for producing oxygen in the environment, they help to reduce the level of CO₂. As the whole world is facing the problem of global warming and other environmental-related issues to recover from such a problem planting trees has become one of the most important aspects today. Tree plantation is a great way to increase NSS volunteers' interest in participating in the NSS special camp. The activity started at 11:30 A.M to maintain greenery. The NSS volunteers actively participated in the complete pre-planting and tree plantation activities. The main objectives of this activity is to create awareness among the NSS volunteers and the general public regarding the importance of the environment, the benefits of trees, and beautification in and around the village.

We thank all stakeholders involved in this endeavor and look forward to further collaboration and success in the journey ahead.





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NSS COMMITTEE



Conclusion-World Environment Day underscores the interconnectedness of all life on Earth and emphasizes the urgent need for sustainable practices in every aspect of human activity. It catalyzes raising awareness, inspiring activism, and fostering a global commitment to safeguarding our natural resources. By taking meaningful actions both individually and collectively, we can create a positive impact and ensure a healthier, more sustainable future for all living beings.


NSS Co-Ordinator




Principal
PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore



R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikabalanavara, Bengaluru-560090

NSS COMMITTEE

Date: 05/06/2023

Attendance

Tree Plantation Day

Sl.No	Student Name	Course	Signature
1.	Aman Kumar Yadav	II nd Pharm D	Aman
2.	Anandhika Rangaraj	M. Pharm	Anandhika
3.	Akshitha S	1 st Pharm D	Akshitha
4.	Vivak R	"	Vivak
5.	Haarizam P.S	II nd Pharm D	Haarizam
6.	Anurag Ashok Raju Mohd Imtiaz	M. Pharm	Anurag
7.	Mugesh Velam M	II nd Pharm D	Mugesh
8.	Lohitha Day	1 st Pharm D	Lohitha
9.	Semir Tande.	M. Pharm	Semir
10.	Souvik Ray	II nd Pharm D	Souvik
11.	V Dharishritha Reddy	1 st Pharm D	V Dharishritha
12.	Aarsha Jara	II nd Pharm D	Aarsha
13.	Anagha Ramasubrah	1 st Pharm D	Anagha
14.	Lakshmi K	1 st Pharm D	Lakshmi
15.	Ankitha M	II nd Pharm D	Ankitha
16.	Shree Lakshmi	"	Shree
17.	Deerina N L	M. Pharm	Deerina
18.	M. Abas Nashath	1 st Pharm D	M. Abas
19.	Jordan G. H	II nd Pharm D	Jordan
20.	Mainak Khan	M. Pharm	Mainak
21.	M. Mohammed Sigla	1 st Pharm D	M. Mohammed
22.	M. Ashu Kagan	1 st "	M. Ashu
23.	M. Anshika Choro	M. Pharm	M. Anshika
24.	Jyathika R	II nd Pharm D	Jyathika
25.	D. Anshika J. B	M. Pharm	D. Anshika
26.	M. Mohammed Abu Samad	1 st "	M. Mohammed
27.	Sybiladev Ravi	M. Pharm	Sybiladev
28.	Nandana Anil Kumar	II nd Pharm D	Nandana
29.	Anshika D. B	M. Pharm	Anshika
30.	Kaarthik S	1 st Pharm D	Kaarthik
31.	Aishwarya	"	Aishwarya
32.	Ranjitha T. R	II nd Pharm D	Ranjitha
33.	S. Harangulaseey	4 th - 1 st	S. Harangulaseey
34.	Shravan Anand Kumar	1 st "	Shravan
35.	Pravanya Ram	1 st "	Pravanya
36.	Spoothi K. G	II nd Pharm D	Spoothi

37.	Sugmita. Regan	II phom D	Sugmita
38.	Singh Singh	4 th L	Singh
39.	Kishor. M	1st Phom D	Kishor
40.	Vishal. Bala	2 nd	Vishal
41.	Vaishnavi K	III phom D	Vaishnavi
42.	Harman Singh	1st Phom D	Harman
43.	Kuruna N	4 th L	Kuruna
44.	Dorapir Singh Wahlang	III phom D	Dorapir
45.	Prakash D	4 th L	Prakash
46.	S. Th. Singh Bala	1st Phom D	S. Th. Singh
47.	Forbes Khan S.	III phom D	Forbes Khan
48.	Sweeta Haskar	4 th L	Sweeta
49.	Ken D. B. N. Singh	Ken D. B. N. Singh	Ken D. B. N. Singh
50.	Nitika	III phom D	Nitika
51.	Amrita Singh	1 st	Amrita
52.	Anjana D. B.	1st Phom D	Anjana
53.	Arjun Singh Bala	4 th L	Arjun
54.	Shruti	1st Phom D	Shruti
55.	Siva Siva Singh	III phom D	Siva
56.	Wahin G	4 th L	Wahin
57.	DHANVI SHREE.	1st Phom D	Dhanvi
58.	Pradip B	4 th L	Pradip
59.	Amun Khan	1st Phom D	Amun
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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

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NSS COMMITTEE

RR COLLEGE OF PHARMACY

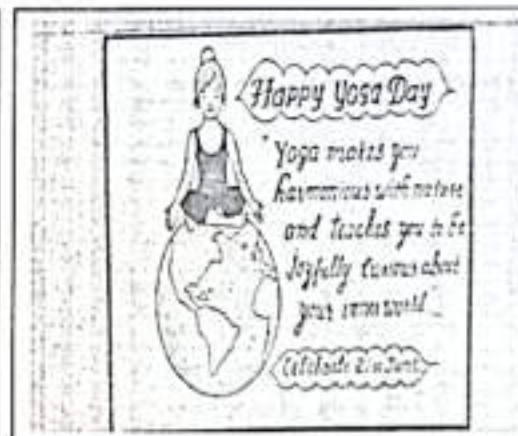
Chikkabanavara, Bengaluru-90

Organises



INTERNATIONAL YOGA DAY

IN COLLABORATION WITH IQAC & NSS UNIT



Chief Patron

Sri. Y. Raja Reddy

Co-Ordinator

Mr.HARISH. N

Patrons

Sri. Kiran H.R

Sri. Arun H.R

Principal

Dr. V.B. NARYANASWAMY





RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

Accredited by NAAC with 'A' Grade

NSS COMMITTEE

PROGRAMME REPORT

INTERNATIONAL YOGA DAY CELEBRATION ON 21st JUNE 2024

Submitted to

IQAC - RRCOP

By

MR. HARISH N

Assistant Professor

Department of Pharmacology

Faculty of Pharmacy



Since 1993

**R R College of Pharmacy
R R Institutions
PKM Educational Trust®
Bangalore – 560090**





RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

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The theme for International Yoga Day 2024 is "Yoga for Self and Society." This theme emphasizes the two-fold benefits of yoga practice: enhancing personal well-being and fostering a more positive and harmonious society.

This year the Yoga Day celebrations were held at R R institutions on the eve of international yoga day on 21st June 2024 to develop peace, harmony, happiness and success to every soul in the world. The session was held in our college premises. Students from B. pharm and Pharm.D, M.Pharm took part in the celebration. The inaugural speech was given by the chairman who emphasized the importance of Yoga and physical exercises in daily life. The session was attended by the faculties and staff with the principal leading from the front. The instructor started the session with prayer and explained how yoga embodies unity of mind and body. The participants there after performed various Yoga asanas. All yoga asanas were explained before performance. Finally, the session ended with meditation and prayer.

Activity Report		
1	Name of the Activity	International Yoga Day-2024
2	Date	21-06-2024
3	Time and Venue	10.00AM / R R institutions
4	Mode (Online/Offline)	Offline
5	Organized by: Name of the Department/Activity Centre	National Service Scheme [NSS] in association with Dept of Physical Education, NCC and Health Club
6	Event Coordinator/ Faculty In-charge	Principal and NSS Coordinator
7	Topic/Activity	International Yoga Day Celebration
8	No. of Participants	102 students and 10 faculty members
9	Objectives of the activity	To sensitize the students about International Yoga day and the relevance of Yoga in our daily life
10	Methodology	An orientation about the importance of Yoga and 10th anniversary of International Yoga Day initiated by the GOI.
11	Outcome of activity	Positive outcomes such as increased awareness, health and well being. International Yoga day promoted holistic health, Cultural understanding, and Community engagement among students and faculty



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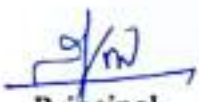
While International Yoga Day is celebrated on June 21st, the concept of yoga's benefits can serve as a powerful conclusion any day of the year. Here are a few options depending on the emphasis you'd like:

- **Holistic Wellness:** Yoga offers a unique path to cultivating well-being in mind, body, and spirit. By incorporating yoga into our lives, we can experience a greater sense of peace, strength, and inner balance.
- **Global Unity:** Yoga transcends cultures and backgrounds, bringing people together on a shared journey towards a healthier, happier life. This spirit of unity is a valuable reminder in our increasingly interconnected world.
- **Lifelong Journey:** Yoga is not a destination, but a lifelong exploration. As we continue to practice, we discover new layers of potential within ourselves, fostering a sense of growth and continuous development.


NSS Co-Ordinator


IQAC Director




Principal
PRINCIPAL
R.R. College of Pharmacy
Chikkabanevara, Bangalore

R. R. College of Pharmacy

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Chikkabanavara, Bengaluru-560079

NSS COMMITTEE

International Yoga day

Attendance

Date:

21-06-24

Sl.No	Name	Department/Course	Signature
1.	Lawrance	D. Pharm	Lur
2.	Anupama	B. Pharmacy	Anu
3.	Lakshya	Pharmacy D	Lk
4.	Meera	B. Pharmacy	Me
5.	Shubhika	Pharmacy D	Sh
6.	MD. Gajube	Pharmacy D	MD
7.	Aurangzeb	B Pharmacy	Ab
8.	Chaitanya	D. Pharmacy	Ch
9.	Narendra	D Pharmacy	Nr
10.	Lagan	B Pharmacy	Lg
11.	Osany Bin Jaden	Pharmacy D	OS
12.	Uzshan	B Pharmacy	Uz
13.	Dipak	Pharmacy D	Dp
14.	Pijuan	D Pharmacy	Pj
15.	Retha	D Pharmacy	Re
16.	Salamon	B Pharmacy	Sl
17.	Retha	D Pharmacy	Retha
18.	Nutanjang	Pharmacy D	Nu
19.	Roshni	B Pharmacy	Rn
20.	Manasa	B Pharmacy	Man
21.	Bhuminika	Pharmacy D	Bh
22.	Purnima	D Pharmacy	Pu
23.	Priyanka	B Pharmacy	Pri
24.	Krishna	Pharmacy D	Kr
25.	Chaitanya	Pharmacy D	Ch
26.	Nandeesh	Pharmacy D	Nan
27.	Pranesh	B Pharmacy	Pr
28.	Mardana	Pharmacy D	Ma
29.	Jayam	D Pharmacy	Jy
30.	Yashu	B Pharmacy	Ys
31.	Alina	B Pharmacy	Al
32.	Sneha	Pharmacy D	Sn
33.	Shruthi	D Pharmacy	Sh
34.	Rishi	Pharmacy D	Ri
35.	Geetha	B Pharmacy	Ge
36.	Mahalingam	D Pharmacy	Ma



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NSS COMMITTEE

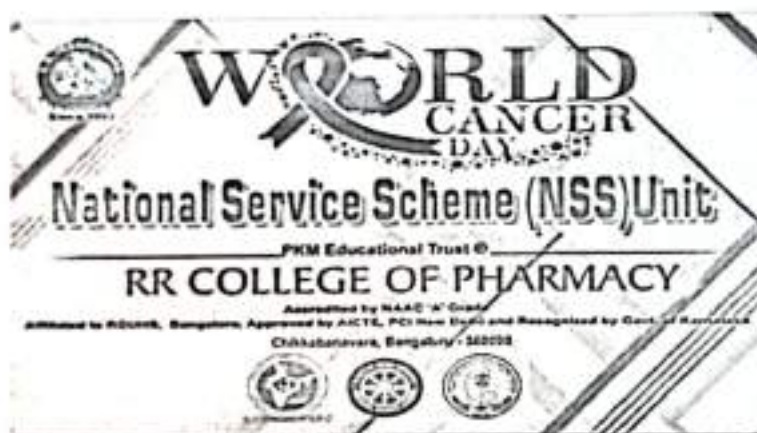
R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90

Organises



Cancer Awareness Program IN-COLLABORATION WITH IQAC & NSS UNIT



Chief Patron

Sri. Y.Raja Reddy

Patrons

Sri.Kiran H.R

Sri.Arun H.R

NSS Co-Ordinator

Mr.HARISH.N

Principal

Dr.V.B.NARYANASWAMY





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NSS COMMITTEE

PROGRAMME REPORT

Cancer Awareness Program

ON 9TH Sep 2024

Submitted to

IQAC - RRCOP

BY

MR. HARISH N

Assistant Professor

Department of Pharmacology

Faculty of Pharmacy



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Cancer Awareness Day is observed on Sep 9 at R R College of pharmacy. The day highlights the significance of increased awareness about cancer prevention and early detection for the general public. The National Cancer Control Programme was initiated in 1975 to provide cancer treatment facilities in the country. In India, nearly 1.1 million new cases are being reported annually. Two-thirds of cancer cases are diagnosed at an advanced stage, reducing patients' chances of survival. Various programs have been initiated to increase research on the prevention and early detection of cancer.

National Cancer Awareness Day is observed on Sep 9 at R R College of pharmacy to coincide with the birth anniversary of the Nobel-prize-winning scientist Madame Curie. Born in Warsaw, Poland in 1867, Marie Curie is remembered for her discovery of radium and polonium, and her huge contribution to the fight against cancer. Her work led to the development of nuclear energy and radiotherapy for the treatment of cancer.

In India, nearly 1.1 million new cases are being reported annually. It is estimated that one woman dies of cervical cancer every 8 minutes in India. Tobacco (smoked and smokeless) use accounted for 3,17,928 deaths in men and women in 2018. Cancers of the oral cavity and lungs account for over 25% of cancer deaths in males and cancer of the breast and oral cavity account for 25% female. Today, Dr. Harsh Vardhan advises that if detected early, cancer could be treated at a fraction of the cost that is incurred when diagnosed at an advanced stage. Its mortality rate is also lowered substantially if people report for screening when the earliest symptoms are manifested.

National Cancer Awareness Day: Significance

On this day, various healthcare organisations, government agencies, and non-profit groups collaborate to organise awareness campaigns, seminars, and screenings to mark National Cancer Awareness Day and work towards reducing the burden of cancer nationwide.

On this day many students are willing participated and interested in donating the stem cells to save the life's of the cancer patients.



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NSS COMMITTEE



Co-Ordinator
Thrishan



Principal

RR College of Pharmacy
Chikkabanaswara, Bangalore-560090



R. R. College of Pharmacy

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Chikkabanavara, Bengaluru-560096

NSS COMMITTEE

Cancer awareness program

Attendance

Date:

29/9/24

Sl.No	Name	Department/Course	Signature
1.	Akshay	D. Pharm	Akshay
2.	Aditya	D. Pharm	Aditya
3.	Rajul	B. Pharm	Rajul
4.	Rohit	Pharm. D.	Rohit
5.	Sohan	B. Pharm	Sohan
6.	Ajay	Pharm D.	Ajay
7.	Anjali	Pharm D.	Anjali
8.	Ankita	B. Pharm	Ankita
9.	Pihu	B. Pharm	Pihu
10.	Priga	D. Pharm	Priga
11.	Rahul	D. Pharm	Rahul
12.	Kriti	Pharm D.	Kriti
13.	Rina	Pharm D.	Rina
14.	Arjun	B. Pharm	Arjun
15.	Dny	B. Pharm	Dny
16.	Anmol	B. Pharm	Anmol
17.	Kyru	D. Pharm	Kyru
18.	BHAVESH	D. Pharm	BHAVESH
19.	Dipul	Pharm D.	Dipul
20.	Dileep	Pharm D.	Dileep
21.	Prema	Pharm D.	Prema
22.	Shanti	D. Pharm	Shanti
23.	Jim	D. Pharm	Jim
24.	Namya Shetty	Pharm D	Namya Shetty
25.	Lawrence Bishnoi	Pharm D	Lawrence Bishnoi
26.	Ashwini	B. Pharm	Ashwini
27.	Salman Khan	D. Pharm	Salman Khan
28.	Hemanth	Pharm D	Hemanth
29.	Lakshmi	B. Pharm	Lakshmi
30.	Rajendra	B. Pharm	Rajendra
31.	Saitha	Pharm D	Saitha
32.	Ruthu	Pharm D	Ruthu
33.	Bhomi	B. Pharm	Bhomi
34.	Harsha	Pharm D	Harsha
35.	Sagar	Pharm D	Sagar
36.	Priya	B. Pharm	Priya



R R COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

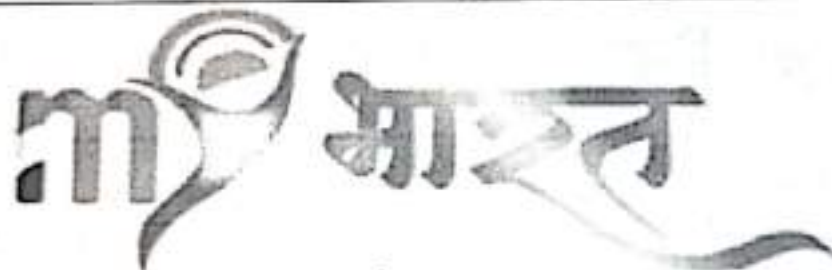
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PKM Educational trust®
R R COLLEGE OF PHARMACY
Chikkabanavara, Bengaluru-90,
Organizes



'SWACHHTA HI SEVA' PROGRAMME
BY
NSS UNIT



Swabhav Swachhata, Sanskaar Swachhata

Chief Patron

Sri.Y.RajaReddy

Patrons

Sri.KiranH.R

Sri.Arun H.R

Organized by

Mr. HARISH. N

NSS Program officer

Principal

Dr. NARYANASWAMY V B





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Chikkabanavara, Bangalore-560090

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NSS COMMITTEE

PROGRAMME REPORT

'SWACHHTA HI SEVA' PROGRAMME

From 17th Sep to 02nd Oct 2024

Submitted to
IQAC - RRCOP

By

Mr. Harish. N

NSS Program Officer

Assistant Professor

Department of Pharmacology



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BANGALORE – 560090





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Chikkabanavara, Bangalore-560090

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Event Details: 'SWACHHTA HI SEVA' PROGRAMME

From 17th Sep to 02nd Oct 2024

Date: 17/9/2024 & 02/10/2024

Location: R R COLLEGE OF PHARMACY

Organized By: NSS Unit R R College of Pharmacy

Inauguration By: Dr. Iftikhadar Fareed ,
Syndicate Member RGUHS and Chairman State Council
Applied Health Sciences Karnataka was present as the chief
guest.

Dr. Ramakrishna Reddy Professor BMC and former RGUHS
Registrar Evaluation.

Dr. Sai Kumar Principal of Sanjay Gandhi Physiotherapy
College and Senate member.

Dr. Venktagiri Gowda RGUHS Syndicate member were the
guest of honors.

The event was preceded by **Sri.Y.RajaReddy** Chairman
PKMET

Shri. H R Kiran Secretary PKMET **Shri. H R Arun** Director
PKMET and **Dr. Narayanaswamy V B** Principal R R College
of Pharmacy, Chikkabanavara, Bangalore-90.

Local community members, students, NGOs, government
officials

Participations	Students	Faculty & volunteer	Total
	131	53	184





Event Details:

'SWACHHTA HI SEVA' PROGRAMME

From 17th Sep to 02nd Oct 2024

"Swachhata Hi Seva" (Cleanliness is Service) is an initiative launched by the Government of India to promote cleanliness and sanitation across the country. This campaign focuses on mobilizing citizens to participate in cleanliness drives, raise awareness about the importance of hygiene, and engage in activities that contribute to a cleaner environment.

Key Aspects of the Campaign:

Objective:

- To foster a culture of cleanliness and hygiene among citizens.
- To highlight the significance of sanitation in daily life and its impact on health and well-being.

Activities:

- Organizing cleanliness drives in public spaces, schools, and communities.
- Workshops and awareness programs to educate people about waste management, sanitation practices, and the importance of keeping surroundings clean.

Encouraging individuals and organizations to adopt sustainable practices and reduce plastic

Participation:

- The campaign invites participation from various stakeholders, including local communities, schools, colleges, NGOs, and government bodies.
- Volunteers often join hands to clean public places, which not only helps in physical cleaning but also strengthens community bonds.

Impact:

- Increased awareness regarding hygiene and sanitation practices.
- Improved cleanliness in many urban and rural areas.
- Enhanced community participation and ownership of public spaces.



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The "Swachhata Hi Seva" (Cleanliness is Service) program was conducted by NSS Unit from R R College of pharmacy on the occasion of this program the volunteers of NSS, faculties, students were involved in the cleanliness of the surrounding premises of the college and the special cleanliness program was conducted at government primary school medaralli chikbanavara Bangalore, and the rally of the awareness program of "Swachhata Hi Seva " and Blood donation was conducted from shettyhalli village to the chikbanavara. In the collaboration with the lions club the special blood donation camp was organized in the college.

NSS volunteers involved in cleaning the campus and participating in Clean Campus' campaign towards Swachhata Seva program. Library cleaning, laboratory cleaning, ground cleaning, canteen cleaning was done by the NSS volunteers and motivated their peers to maintain clean institution, clean home thereby clean nation.

As a part of "SWACCH HI SEVA", a rally was organised by NSS students along with NSS coordinators, raising slogans of Swachh Bharath and carrying the placards displaying messages to sensitize the students about clean environment and plastic free environment. Volunteers performed skit to free the country from the menace of plastic pollution, promote the usage of alternatives to plastics, usage of environment friendly materials like cloth bags & plates made of areca leaves.

Enclosures	1. Report
	2. Geo-Tagged Photos



RR COLLEGE OF PHARMACY

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RR COLLEGE OF PHARMACY, Karnataka, India
RR Institutions, RR College of Pharmacy, Medikal, Chikabannavara, Bengaluru, Suburban,
Karnataka 560090, India
Lat 13.027007° Long 77.524942°
30/08/24 12:28 AM GMT +05:30



RR COLLEGE OF PHARMACY, Karnataka, India
RR Institutions, RR College of Pharmacy, Medikal, Chikabannavara, Bengaluru, Suburban,
Karnataka 560090, India
Lat 13.021827° Long 77.524942°
30/08/24 09:51 AM GMT +05:30



Bengaluru, Karnataka, India
RR Institutions, RR College of Pharmacy, Medikal, Chikabannavara, Bengaluru, Suburban,
Karnataka 560090, India
Lat 13.027007° Long 77.524942°
30/08/24 12:28 AM GMT +05:30



RR COLLEGE OF PHARMACY, Karnataka, India
RR Institutions, RR College of Pharmacy, Medikal, Chikabannavara, Bengaluru, Suburban,
Karnataka 560090, India
Lat 13.021401° Long 77.524942°
30/08/24 12:10 AM GMT +05:30



Madduravalli, Karnataka, India
RR Institutions, RR College of Pharmacy, Medikal, Chikabannavara, Bengaluru, Suburban,
Karnataka 560090, India
Lat 13.027007° Long 77.524942°
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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

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Outcomes:

- The campaign has led to a significant increase in the number of people engaged in cleanliness activities.
- Communities have reported better health outcomes due to improved sanitation practices.
- Recognition and awards for exemplary efforts in cleanliness by various organizations and individuals.
- Blood Donations: More than 150 units of blood were collected during the camp, exceeding the initial target. This will help address the ongoing need for blood transfusions in hospitals and emergency situations.

Conclusion:

"Swachhata Hi Seva" has played a crucial role in promoting a cleaner and healthier India. Through community engagement and awareness, the initiative has not only improved public spaces but also instilled a sense of responsibility among citizens towards maintaining cleanliness and sanitation. Continued efforts and participation are essential to sustain the momentum and achieve long-term cleanliness goals.

We extend our sincere gratitude to all volunteers, healthcare professionals, Students, and attendees who contributed to the success of the 'SWACHHTA HI SEVA' and Blood Donation Camp. Your support and dedication made a significant impact on the lives of many individuals in our community

Signature of NSS Programme Officer
HARISH. N

Signature of Principal
R.R. College of Pharmacy
Chikkabanavara, Bangalore

R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560091

NSS COMMITTEE

Swachhata HI Seva program

Attendance

Date: 17/9/24
02/10/24

Sl.No	Name	Department/Course	Signature
1.	Seethal	D. Pharmacy	
2.	Kusuma	D. Pharmacy	
3.	Paranmed...	B. Pharmacy	
4.	Ashwin	D. Pharmacy	
5.	Netravathi	Pharmacy D	
6.	Aruna	Pharm D	
7.	Natalakishmi	B. Pharmacy	
8.	Lakshmi	D. Pharmacy	
9.	Sandya	Pharmacy D	
10.	Kirti	D. Pharmacy	
11.	Shahrukh	B. Pharm	
12.	Imaan Khan	D. Pharm	
13.	Tajin	D. Pharmacy	
14.	Ravina	Pharm D	
15.	Phanushree	Pharmacy D	
16.	Shilpa	B. Pharm	
17.	Donald - hump	D. Pharm	
18.	Rashmi	B. Pharmacy	
19.	Smriti	D. Pharm	
20.	Sukmithra	Pharmacy D	
21.	Canay	B. Pharm	
22.	Kirti	B. Pharmacy	
23.	Lalit	D. Pharm	
24.	Pushpa	Pharm D	
25.	Lakshmi	D. Pharm	
26.	Aishwini	Pharmacy D	
27.	Aishwary	D. Pharm	
28.	Lavanya	D. Pharm	
29.	Ramesh	D. Pharm	
30.	Preeti	D. Pharmacy	
31.	Ravi	Pharm D	
32.	Arshdeep	B. Pharm	
33.	Aleshita	B. Pharm	
34.	Priyanka	B. Pharmacy	
35.	Abhishek	B. Pharm	
36.	Anil	B. Pharm	



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R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90

Organises



Blood Donation Camp

IN-COLLABORATION WITH IQAC & NSS UNIT

BLOOD DONATION CAMP

DONATE BLOOD SAVE LIVES



Chief Patron

Sri .Y. Raja Reddy

Patrons

Sri. Kiran H.R

Sri. Arun H.R

NSS Co-Ordinator

Mr.HARISH.N

Principal

Dr.V.B.NARYANASWAMY





RR COLLEGE OF PHARMACY

Chikkabanaswara, Bangalore-560090

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NSS COMMITTEE

PROGRAMME REPORT

**Blood Donation Camp
ON 30TH Sep 2024**

Submitted to
IQAC - RRCOP

BY

MR. HARISH N

Assistant Professor
Department of Pharmacology
Faculty of Pharmacy



Since 1993

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Bangalore – 560090





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NSS COMMITTEE

A Blood donation camp was organized by our NSS unit, R.R. College of Pharmacy, Chikkabanavara, Bangalore-560090, on 30th September 2024, in collaboration with LIONS BLOOD DONATION, BANGALORE. on auspicious birthday of Shri H R Arun - Director PKMET®, Blood donation camp was inaugurated by Shri.H.R. Kiran -Secretary PKMET®, Presided by Shri H R Arun - Director PKMET®, Dr. Narayana swamy principal R.R college of pharmacy and NSS program Officer & coordinator Mr.Harish N assistant professor R.R College of Pharmacy, Bangalore . Around more than 113 students and 15 faculty members attained the program, a more than 100 units of blood was donated by both students and the staff members of our R.R college of Pharmacy in bringing a ray of hope to contribute to the serious problems of acute shortage of blood. Our College has been religiously organizing blood donation camps every year and students and the faculty members come forward voluntarily to donate blood. While addressing to people at the camp our NSS volunteers brought awareness in them about shortage of blood and why we must donate blood every year, to help the persons requiring blood. Blood donation can save lives of innumerable persons. Donation of blood is very critical and crucial for saving lives many patients and those who have met with accidents. It is as such a great service or contribution to the society and people living in it.

1	Name of the Activity/Event	Blood Donation Camp		
2	Date of Activity/Event	17th September 2022		
3	Organized by/Name of the committee	NSS UNIT, PHARMACY Dept.		
4	Name of the Association	Lions Blood Donation Bangalore		
5	Place of Activity/event	BANGALORE		
6	Type of activity/Event	Blood Donation		
7	Activity/Event objectives	1. To collect blood units but also to make students aware about blood and its benefits. 2. It was an effort to motivate students to come forward and donate for this noble cause. 3. First time donors need to be encouraged so that once the initial hesitation/ fear goes away, the donor will look forward to such camps in near future too. 4.To help anyone, in case of any requirement for blood.		
8	Participation	Students	Faculty	Total Participation
		113	15	128
9	Enclosures	1.Report 2.Photos		



RR COLLEGE OF PHARMACY

Chikabanasara, Bangalore-560090

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NSS COMMITTEE



Co-Ordinator
thrishar



Principal



R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560090

NSS COMMITTEE

Blood donation Camp

Date: 30/9/24

Attendance

Sl.No	Name	Department/Course	Signature
1.	Pallavi R		Pallavi
2.	Nandini D		Nandini
3.	Prakruthi		Prakruthi
4.	Anagha		Anagha
5.	Arushi		Arushi
6.	Spandan K		Spandan
7.	Pruthvi		Pruthvi
8.	Archana Kumari		Archana
9.	Bhavana		Bhavana
10.	Venkatesh prasadh		Venkat
11.	Kamlesh		Kamlesh
12.	Vegresh		Vegresh
13.	Poojitha		Poojitha
14.	Gowdhan		Gowdhan
15.	Saravathi		Saravathi
16.	Rakesh		Rakesh
17.	Mohan		Mohan
18.	Mahesh		Mahesh
19.	Venkat		Venkat
20.	Deepika		Deepika
21.	Arunodathi		Arunodathi
22.	Prityanka		Prityanka
23.	Shubh		Shubh
24.	Ramya		Ramya
25.	Krishna		Krishna
26.	Rashmi		Rashmi
27.	Anuradha		Anuradha
28.	Aishwarya		Aishwarya
29.	Manju		Manju
30.	Parthi		Parthi
31.	Jayashree		Jayashree
32.	Krishna		Krishna
33.	Sudheep		Sudheep
34.	Anuj		Anuj
35.	Vaani Lakshmi		Vaani
36.	Pachana		Pachana



RR COLLEGE OF PHARMACY

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INTERNAL QUALITY ASSURANCE CELL (IQAC)

WORLD PHARMACIST DAY REPORT

On 25th September 2024

Submitted to

IQAC - RRI

By

Dr. E Sateesh Kumar
Professor and Head
Department of Pharmacy Practice

Dr. Hindustan Abdul Ahad
Professor and Head
Department of Pharmaceutics



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INTERNAL QUALITY ASSURANCE CELL (IQAC)

WORLD PHARMACIST DAY REPORT - 2024

R R College of Pharmacy celebrated World Pharmacist Day with the theme of "Pharmacist: Meeting global health needs", which is observed annually on September 25th to honor pharmacists' contributions to global health. Dr. Iftikhadar Fareed, Syndicate Member, RGUHS, and Chairman, State Council, Applied Health Sciences, Karnataka, was present as the chief guest. Dr. Sai Kumar, Principal of Sanjay Gandhi Physiotherapy College and Senate member, Dr. Venktagiri Gowda, RGUHS Syndicate member, and Dr. Ramakrishna Reddy, Professor, BMC and former RGUHS Registrar Evaluation, were the guest of honors. The event was preceded by H R Kiran, Secretary of PKMET; H R Arun, Director of PKMET; and Dr. Narayanaswamy V B, Principal, R R College of Pharmacy, Chikkabanavara, Bangalore.

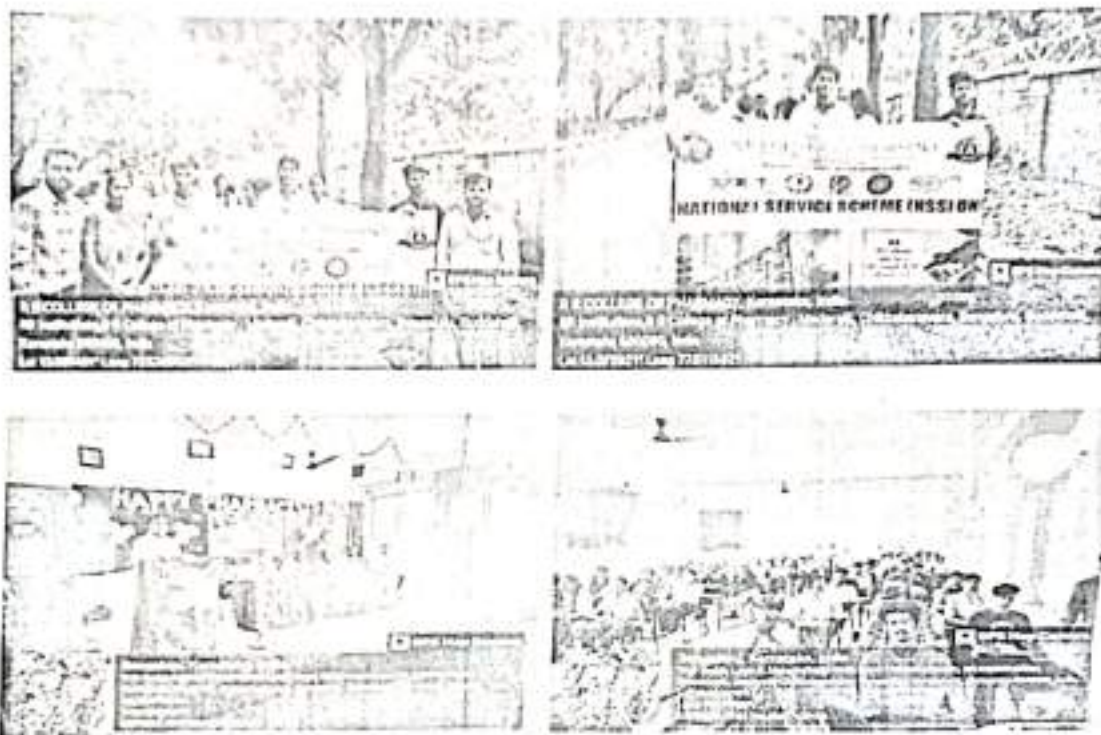
The programme started at 12.45 PM anchored by Miss. Femi Student. With an invocation song sung by Miss. Sunidhi. Dr. Sai Kumar, Principal of Sanjay Gandhi Physiotherapy College and Senate member, enlightened the importance of the day (World Pharmacist's Day), followed by the welcome speech by Dr. Narayana Swamy V. B, Principal, RRCP. The introduction of chief guests was given by Dr. Hindustan Abdul Ahad, HOD, and Chief Guests addressed the gathering. After this Felicitation of the Chief Guest was done by Shri. Kiran HR, PKM Educational Trust®, Dr. Narayana Swamy V. B, Principal, RRCP, Dr. E Satheesh Kumar, HOD, RRCP.

Dr. Iftikhadar Fareed addressed the gathering with "Pharmacist: Meeting global health needs"

The vote of thanks was given by Dr. E Satheesh Kumar, HOD, RRCP.

Students of I.B. Pharma and I. Pharma D from RR College of Pharmacy actively participated in the World Pharmacist Day 2024 rally, showcasing their enthusiasm and commitment to the pharmacy profession. The rally served as a platform to highlight the vital role of pharmacists in healthcare and to raise

awareness about their contributions to society. Following the rally, students and faculty gathered in the RR Auditorium for an engaging session that featured discussions, presentations, and activities emphasizing the importance of pharmacists in ensuring better health outcomes. The event provided a unique opportunity for students to connect with the community, deepen their understanding of their responsibilities as future healthcare professionals, and celebrate the global theme of World Pharmacist Day with zeal and purpose.



HGA
Convener

Principal

PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore